



July Lunch Menu (Grade I to XII)

1 st , 3 rd & 5 th Week				2 nd & 4 th Week	
Monday				Monday	
Malai kofta Beans Aloo Rice Tawa Roti Aam Panna				Rajma Masala Steam Rice Cucumber Raita Chapati Baingan Ka Bharta	
Watermelon				Tuesday	
Tuesday				Daal Makhani Methi Aloo Jeera Rice Chapati Fruit Cream Brownie	
Tuesday				Tuesday	
Kadi Pakoda Mixed Veg Jeera Rice Tawa Roti Papad Cookies				Daal Makhani Methi Aloo Jeera Rice Chapati Fruit Cream Brownie	
Wednesday				Wednesday	
Pasta		1 st Week	1 st July to 3 rd July	Matar - Kulcha	
Garlic Bread		2 nd Week	6 th July to 10 th July	Tawa Pulao	
Vegetable Stew		3 rd Week	13 th July to 17 th July	Boondi Raita	
Mexican Rice		4 th Week	20 th July to 24 th July	Green Salad	
Fruit Chaat		5 th Week	27 th July to 31 st July		
Brownie				Mango	
Thursday				Thursday	
Soya Badi (Gravy) Jeera Rice Kurkuri Bhindi Chapati Green Salad Namak Para				Paner Lababdar Matar Beans Rice Chapati Dhaba Daal Jal jeera Donut	
Friday				Friday	
Mixed Daal Vegetable Pulao Boondi Raita Chapati Lemonade Banana				Veg Manchurian (Gravy) Macaroni Fried Rice Honey Chili Potato Namak Para	

Food committee:



Polenway