



# PAUL GEORGE GLOBAL SCHOOL

## BREAKFAST MENU JULY 2026

1 <sup>st</sup> Week	1 <sup>st</sup> July to 4 <sup>th</sup> July
2 <sup>nd</sup> Week	6 <sup>th</sup> July to 10 <sup>th</sup> July
3 <sup>rd</sup> Week	13 <sup>th</sup> July to 17 <sup>th</sup> July
4 <sup>th</sup> Week	20 <sup>th</sup> July to 24 <sup>th</sup> July
5 <sup>th</sup> Week	27 <sup>th</sup> July to 31 <sup>st</sup> July

### 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Week

<b>MONDAY</b>
Vegetable Uttapam
Sambhar
Watermelon
<b>TUESDAY</b>
Jeera Aloo with Poori
Namkeen Lassi
Banana
<b>WEDNESDAY</b>
Paneer stuffed kulcha (Wheat)
Papaya
Lemonade
<b>THURSDAY</b>
Vegetable Vermicelli
Cookies
Mango Shake
<b>FRIDAY</b>
Bread roll
Chocolate Milk
Atta Namakpara

### 2<sup>nd</sup> & 4<sup>th</sup> Week

<b>MONDAY</b>
Idli and Vada
Sambhar
Donuts
<b>TUESDAY</b>
Chole with Beetroot Poori
Masala Chaach
Pineapple
<b>WEDNESDAY</b>
Aloo Parantha with Butter & Curd
Healthy Bhel (Sprouts without onion)
<b>THURSDAY</b>
Panner Roll (Wheat)
Masala Chaach
Cupcakes
<b>FRIDAY</b>
Vegetable Grilled Sandwich (Wheat)
Black Chana Chart
Aam Panna

Food Committee



*Deviya*